



Vacation Meal Planner

DESTINATION: _____ ARRIVAL DATE: _____ # NIGHTS: _____

DAY 1 	BREAKFAST
	LUNCH
	DINNER
DAY 2 	BREAKFAST
	LUNCH
	DINNER
DAY 3 	BREAKFAST
	LUNCH
	DINNER

GROCERY LIST

- ◇ _____
- ◇ _____
- ◇ _____
- ◇ _____
- ◇ _____
- ◇ _____
- ◇ _____
- ◇ _____
- ◇ _____
- ◇ _____

WHAT TO PACK CHECKLIST

- Kitchen knife
- Zip-top bags
- Foil / Parchment
- Grill tools
- Kid friendly plate and cup
- Olive oil
- Salt & Pepper
- Favorite Spice Blend
- Condiments
- Pancake Mix
- Baking mix
- Coffee, tea, or cocoa
- Peanut butter, jelly
- Bread
- Pasta
- Can and jar goods
- Dry snacks for travel
- Granola / Cereal

MEAL PREP NOTES

DINING OUT / RESERVATIONS



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ARRIVAL DATE:

NIGHTS:

DAY 1 	BREAKFAST
	LUNCH
	DINNER
DAY 2 	BREAKFAST
	LUNCH
	DINNER
DAY 3 	BREAKFAST
	LUNCH
	DINNER
DAY 4 	BREAKFAST
	LUNCH
	DINNER
DAY 5 	BREAKFAST
	LUNCH
	DINNER
DAY 6 	BREAKFAST
	LUNCH
	DINNER
DAY 7 	BREAKFAST
	LUNCH
	DINNER

GROCERY LIST

- ◇ _____
- ◇ _____
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- ◇ _____
- ◇ _____
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MEAL PREP NOTES

DINING OUT / RESERVATIONS
